



## **SENATOR THE HON ARTHUR SINODINOS AO** **Senator for New South Wales**

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### **New funding grants for Shortland Men's Sheds**

The Turnbull Government is providing funding for four Men's Sheds in Shortland to provide specialised equipment and address health and safety.

Liberal Senator for New South Wales, Senator the Hon Arthur Sinodinos, said the funding will support men's physical and mental health and wellbeing.

"These Men's Sheds help men, particularly as they get older, to connect with each other and prevent social isolation and preventable health conditions," Senator Sinodinos said.

The four Men's Sheds in Shortland, and the funding they're receiving, are:

- Redhead Men's Shed (\$2,500)
- Belmont Neighbourhood Centre (\$3,000)
- Swansea & District Community Men's Shed (\$2,320)
- Gateway Valhalla Men's Shed (\$4,700)

Gateway Valhalla Secretary, Geoff Bedford, said "it's great the Government is supporting our new and growing Men's Shed with much needed funding so we can get out and help the community."

Senator Sinodinos said this funding round helps Men's Sheds to buy tools and equipment, support community projects and training, maintain or develop their buildings, or create local activities to improve men's health.

"These grants will go a long way to ensuring these Men's Sheds continue to provide real benefits to their members and the broader community and I congratulate them on their success," said Senator Sinodinos.

"Men's Sheds provide a sense of community, a safe and friendly environment where men can work on meaningful projects at their own pace, in their own time, in the company of other men."

"Members have an opportunity to pass their skills to others, learn new things, or just catch up regularly with other men in the community for a chat and a cup of tea," Senator Sinodinos said.

This grant funding is part of the \$5.1 million the Federal Government has provided to the Australian Men's Shed Association through to 2018-19 to support the national network of Men's Sheds.

Details of all successful grant recipients from this National Shed Development Program funding round are available at [www.mensshed.org](http://www.mensshed.org).

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